



## **A STUDY OF THE EFFECTIVENESS OF EDUCATIONAL GUIDANCE AND COUNSELING PROGRAMME FOR D.T.ED. COURSE STUDENTS**

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### **1. Introduction**

In our life there is need of direct or indirect guidance. Generally guidance is given from experienced persons from family or society. This guidance is based on knowledge or experience. Earlier guidance was a general concept but now it has scientific base, with scientific guidance the concept of counseling is emerged. Counseling is more scientific and systematic than the guidance. Counseling is more effective way to solve various psychological problems. Guidance and counseling are different concepts. In our life there is often need of guidance and counseling. These two things have an importance in our daily life as well as in educational life. During the period of education students are very sensitive; they are mentally, emotionally and physically are developing.

“The survey done by VIMHANS (Vidyasagar Institute of Mental Health and Neuro Sciences, New Delhi) showed that from 150 schools 40% of students are afraid of examination, they need proper guidance.”<sup>1</sup> Students face various personal, physical, emotional, social, cultural, educational and economical problems. These problems have direct or indirect impact in their education and learning process.

Students get frustrated because of maladjustment with, teachers, educational process, learning, physical infrastructure, administration, interactions with others, evaluation, curricular and co-curricular activities. “It is proved that 15% of students from the age group 14 to 17 are drug addict.”<sup>2</sup> These problems lead to suicide also. Every year 4000 students commit failure attempts of suicide is 1:23. To eliminate these problems educational guidance and counseling have very much importance in educational life of student. So the program based on guidance and counseling helps the students to face the problems properly and tactfully.

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## **2. Need and Importance of the study**

### **Need of the study**

As it is discussed before, that very less research has been undertaken in India. So it has become essential to do more research in this subject.

- To achieve the educational needs of students.
- To develop the skills and capacities of the students.
- To help students to solve the problems causing mental health.
- To help students to develop good interactions with parents.
- To guide students to survive in the competitive world.
- To explain students the relation between education and vocation or profession.
- To help students to adjust with conflicts and frustration.
- To help students to protect themselves from bad habits and bad company.
- To help students to solve various problems.

### **Importance of the study**

- Students know about themselves i.e. abilities, attitude, interest, etc.
- Students accept themselves.
- Problem-solving thought process develops in the students.
- Adjustment ability develops in the students.
- Students choose the proper subjects and curricular electives.
- Good learning habits develop within students.
- Students able to attain proper balance within personal, social and emotional relation.
- An anxiety about guidance and counseling removed from the students mind.
- Students get help about decision making regarding vocational curriculum.
- Students enable to have guidance and counseling.
- Teacher and parents aware about strengths and weakness of the students.
- Improvement in the relation of teacher-students and parents-ward achieve.

## **3. Statement of the Problem**

A study of the effectiveness of Educational Guidance and Counseling Programme for D.T.Ed. Students

#### **4. Objectives of the study**

1. To find out the educational problems of students of D.T.Ed. Course.
2. To develop the educational guidance and counseling program for the students of D.T.Ed. Course.
3. To implement the educational guidance and counseling program for the students of D.T.Ed. Course.
4. To find out the effectiveness of the educational guidance and counseling program.

#### **5. Hypothesis**

##### **Null Hypothesis**

There is no significance difference in the achievement level of the students in the pre-tests and post-tests scores from the experimental and control group after the implementation of the educational guidance and counseling program.

##### **Research Hypothesis**

There is significance difference in the achievement level of the students in the pre-tests and post-tests scores from the experimental and control group after the implementation of the educational guidance and counseling program.

#### **6. Methodology**

**Mixed research method** is applied for the research study. **Survey research method** is used to know the educational problems of students from students, parents and teachers and to know the opinion and suggestions from the students, parents, teachers, headmasters/headmistress, educationists, counselor and psychologists.

**Experimental research method** is used to develop the program based on educational problems of D.T.Ed.students, to execute the program and to study its' effectiveness

#### **7. Population**

All Students of D.T.Ed. Course, parents of these students, teachers, Principals, educationists, counselor and psychologists from Maharashtra state is the population for the research.

#### **8. Sample**

##### **a. For Survey**

10% of number of students, parents, teachers, Principals, educationists, counselor and psychologists from Marathi medium, Pune district is the sample.

### Sampling Method

**Simple random sampling method** used for the sampling for the survey research method in the research.

#### b. For Experimental

100 students of D.T.Ed. Course

Experimental Group (50 students)

Control Group (50 students)

### Sampling Method

**Purposive sampling method** used for the sampling for the survey research method in the research.

#### 9. Variables

##### ➤ **Independent Variable:**

The programme is independent variable. It arranged by using various strategies and techniques of problem solving.

##### ➤ **Dependant Variable:**

The scores of the students are dependant variable in this research.

##### ➤ **External or Extraneous Variable will controlled by the researcher:**

- Number of students - It is equal in both groups
- Gender - Male and female is included in both groups
- Age - Approximately 18 - 25 in both group of students

#### 10. Delimitation

1. This research is delimited to Pune district from the Maharashtra state.
2. The research is delimited for the students of D.T.Ed. Course.
3. The research focus on the educational problems of students of D.T.Ed. Course.

#### 11. Tools

1. **Observation sheet:** To observe the activities of the students during sessions
2. **Intelligence test:** To make the group equivalent
3. **Pre-Test:** Pre-test will be taken before the implementation of the programme
4. **Post-Test:** To study the effectiveness of the educational guidance and counseling program

#### 12. Statistical Techniques

##### For Survey

**Percentage:** To analyze data from survey of students of D.T.Ed. Course.

### For Experiment

**‘t’ test:** To study the difference between the mean scores of pre-tests and post-tests of control and experimental group of students of D.T.Ed. Course.

### 13. Conclusions

- The study creates awareness about the importance of counseling in students, teachers, parents and society.
- The knowledge of guidance and counseling is useful to learn other subjects.
- The study increases the confidence level of students.
- The study helps the students to choose the proper curriculum and the subject.
- Problem-solving thought process and adjustment ability develop in the students with the help of this study.
- Decision making ability of students develops with the help of this study.
- This research enhances the interaction between teacher and students.

### 14. Testing of Hypothesis

Obtained “t” value is 11.6 and table “t” value at 0.05 level is 2.9 and 0.01 level is 2.86, it means the stated null hypothesis is rejected both the level and research hypothesis is accepted both the level.

### 15. Inferences

The Post-test scores of Experimental group of students shown better improvement than the pre-test scores, because variety of activities excused by the researcher while implement the educational guidance and counseling program for the students of D.T.Ed. students. It is proved that proper use of educational guidance and counseling program develops various skills of students. It makes positive changes in the life of the students.

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